

Bedford Health and Wellbeing Fair 2019



Wednesday 25th September 2019

10am to 4.30pm

Corn Exchange

13 St Paul's Square, Bedford

MK40 1SL

Everyone welcome!

FREE entry, refreshments, health
checks, taster sessions,
entertainment



Special Guests

Sir Robert Francis QC, Chair of Healthwatch England
Prof. Mayur Lakhani, President, Royal College of General Practitioners

Come with your friends & families • Enjoy, Educate and Empower

- + Personal & confidential health & wellbeing advice
- + Complimentary refreshments
- + Large number of exhibition stalls
- + Advice on Mental, Spiritual and Physical wellbeing by experts



For more information, call 01234 718018 or email emma.f@healthwatchbedfordborough.co.uk