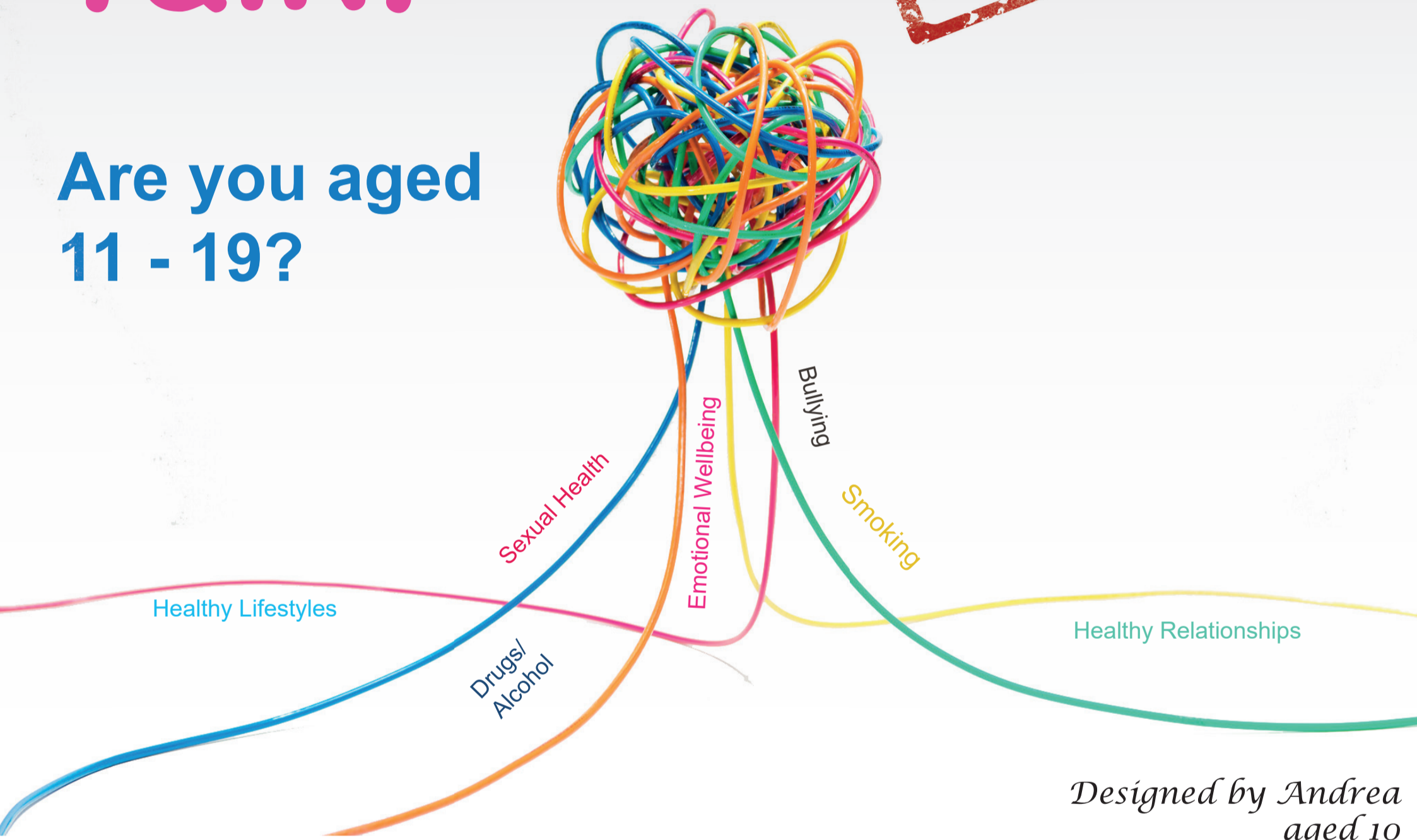


Need to talk?

Are you aged
11 - 19?

CONFIDENTIAL



*Designed by Andrea
aged 10*

Text your school nurse on
07507 331450 (Beds)

Messages are charged at your usual rate

Text messages will be answered between 9am and 4.30pm (Mon to Fri)



Confidentiality and safety disclaimer

We do not usually inform your parents, or anyone else if you contact our nurses. We might inform someone if we were concerned about your safety, but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate bounce-back to confirm we've received your text. Texts will not be seen outside of normal working hours. If you need help before you hear back from us, contact a professional or your doctor. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). To find out what we do with your information, please visit NHS CCS privacy notice. Prevent the school nurse from sending messages to you by texting STOP to our number.