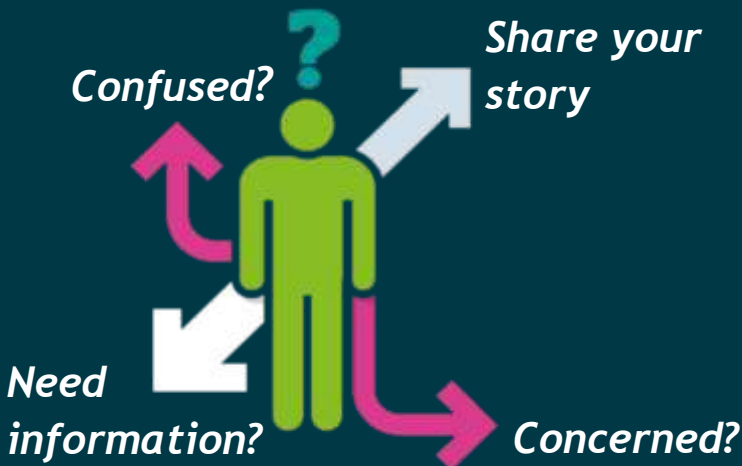


Signposting

For all your Health & Social Care needs



Contact us on:



Telephone: 01234 718018



Email: signposting@healthwatchbedfordborough.co.uk



Website: www.healthwatchbedfordborough.co.uk

Address: 21-23 Gadsby Street, Bedford, MK40 3HP

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Twitter: @HealthwatchBB



Healthwatch Bedford Borough is the consumer champion for both health and social care for children and adults living in Bedford Borough.

We will listen to you. We know that people can find accessing services and getting their voice heard difficult.

We offer:

- A free, friendly and confidential service that is independent from the NHS and Social Care services.
- We can give you information on NHS and social care services in Bedford Borough. This service can provide local information to help with issues such as finding a new GP or accessing an NHS dentist.
- An impartial view of the options available to you in Social Care.
- If you have a concern we can give you an independent opinion on what to expect from your NHS services and let you know how to go about raising an issue.
- When things go wrong we can explain complaint processes. We can also guide you to NHS Advocacy services.
- Community information on a range of inclusive activities aimed at helping you get active, eat well and practice mindfulness.

“A strong voice for local people”